

VELAA SPA



A PARADISE
JUST FOR YOU

MENU

CONTENTS

PHILOSOPHY	PAGE 1
SENSE OF PLACE EXPERIENCES	PAGE 2
VELAA BALANCE OF LIFE	PAGE 3
MASSAGES	PAGE 4
ASIAN INSPIRED MASSAGES	PAGE 5
BODY CARE: SCRUBS & WRAPS	PAGE 6
FACIAL CARE	PAGE 8
FACIAL CARE ENHANCEMENTS	PAGE 10
FACIAL CARE PACKAGES	PAGE 11
SLIMMING CARE	PAGE 12
JUNIOR MENU	PAGE 14
HAIR SALON	PAGE 15
NAILS AND BEAUTY	PAGE 16
PRICE LIST	PAGE 17
SPA ETIQUETTE	PAGE 21



PHILOSOPHY

At Velaa Spa, we elevate the traditional spa experience by integrating modern elements, delivering treatments tailored to meet the needs of today's fast-paced lifestyle. Our expert team, equipped with cutting-edge technology, provides unparalleled luxury and precision in every treatment, ensuring your journey with us is both restorative and transformative.

We curate personalised programmes designed to meet your unique needs, combining the best of nature and science. Our treatments are crafted using natural and organic ingredients, thoughtfully chosen to nourish your physical well-being, mental clarity, and inner spirit.

Our ultimate goal is to create moments just for you, where you can rediscover balance, tranquillity and your true self, amidst the pressures of everyday life.

VELAA

A Harmony of Life

Our spa treatments are inspired by the ancient wisdom of the Pancha Koshas, the five layers that encompass our true essence, much like the protective and symbolic structure of a turtle. The turtle, with its durable outer shell, softer internal layers, and the life force at its core, mirrors the human experience, reflecting resilience, longevity, and balance.

Drawing on this metaphor, our treatments are designed to nurture each layer of your being, from the physical to the energetic, harmonising and restoring well-being at every level.

With a blend of healing expertise and natural, organic ingredients, our curated treatments invite you on a holistic journey of rejuvenation, helping you rediscover balance, strength, and inner vitality—just as a turtle navigates life’s ever-changing currents.

Velaa Elixir Of Life

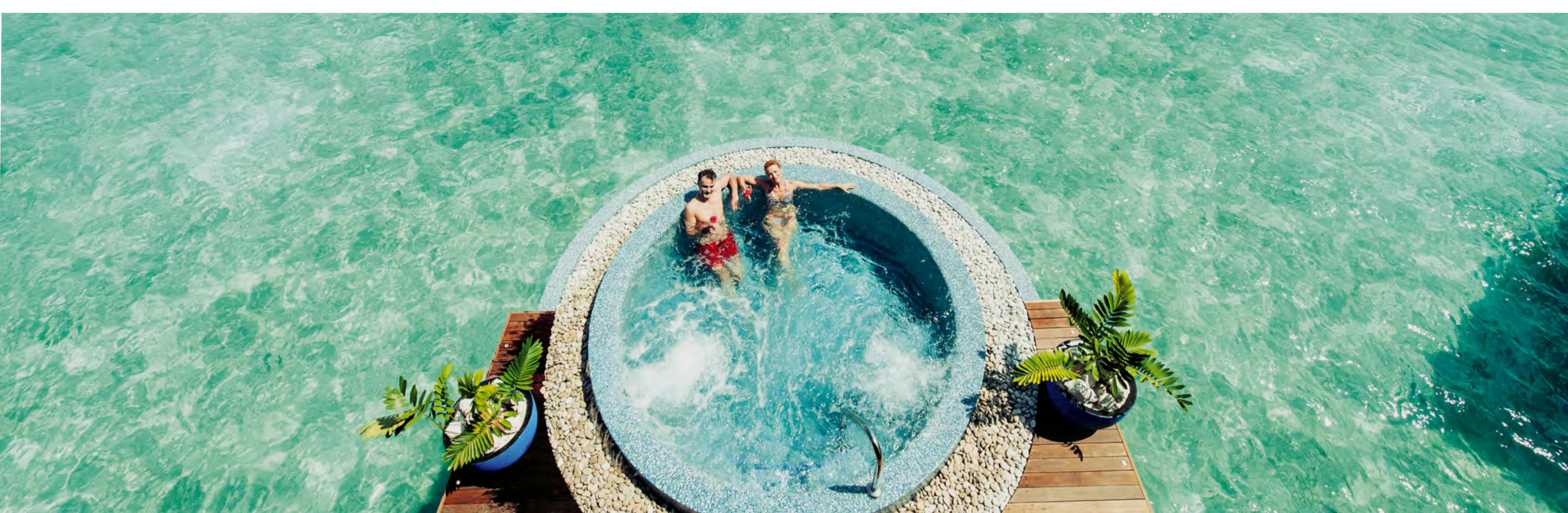
180 min

This treatment encompasses an array of premium, antioxidant-rich ingredients to rejuvenate and protect skin from the natural signs of aging. Commencing with a *Royal Rose Body Wrap* to rehydrate and soothe the body, it is followed by our *Signature Bespoke Massage* – a healing experience tailored to your specific needs. The treatment completes with a *Signature Luxury Green Caviar Facial* – infused with gold trace elements, which is perfect for skin that is in need of a regenerative boost.

Maldivian Royal Rose (For Couples)

150 min

Inspired by the Maldivian Pink Rose, this luxurious couples treatment commences with a *Royal Rose Body Wrap* – rich in royal jelly, honey and propolis clay to rehydrate the skin. It is followed by a relaxing scalp and body massage with long, rhythmic strokes to relieve muscle tension and a mini-facial enhanced by beautiful rose mist. This romantic experience completes with a glass of Champagne and handmade chocolate truffles.



VELAA

A balance of life

In our quest to take you on a journey with uplifting and grounding results, Velaa Spa has curated a selection of exquisite and effective treatment combinations paired with fitness and nutrition regimes, to holistically restore your sense of personal well-being.

3 or 5 days

Relax Programme – 3 days

1 x Delicate Body Scrub	60 min
1 x Balinese Relaxing Massage	90 min
1 x Royal Rose Body Wrap	60 min
1 x Skin Balancing Facial	60 min
1 x Personal Yoga Session	60 min
3 x Relax Juice	

Relax Programme – 5 days

1 x Delicate Body Scrub	60 min
2 x Balinese Relaxing Massage	90 min
2 x Royal Rose Body Wrap	60 min
1 x Skin Balancing Facial	60 min
2 x Personal Yoga Session	60 min
5 x Relax Juice	

Rejuvenate Programme – 3 days

1 x Nourishing Black Soap Scrub	60 min
1 x Oriental Fusion Massage	90 min
1 x Antioxidant Chardonnay Body Wrap	60 min
1 x Rejuvenating Jewel Facial	60 min
1 x Personal Training Session	60 min
3 x Rejuvenating Juice	

Rejuvenate Programme – 5 days

1 x Nourishing Black Soap Scrub	60 min
2 x Oriental Fusion Massage	90 min
2 x Antioxidant Chardonnay Body Wrap	60 min
1 x Rejuvenating Jewel Facial	60 min
2 x Personal Training Session	60 min
5 x Rejuvenating Juice	

Detox Programme – 3 days

1 x Antioxidant Chardonnay Body Scrub	60 min
1 x Detox Massage	90 min
1 x Fucus Algae Body Wrap	60 min
1 x Skin Balancing Facial	60 min
1 x Personal Training Session	60 min
3 x Detox Juice	

Detox Programme – 5 days

1 x Antioxidant Chardonnay Body Scrub	60 min
2 x Detox Massage	90 min
2 x Fucus Algae Body Wrap	60 min
1 x Skin Balancing Facial	60 min
2 x Personal Training Session	60 min
5 x Detox Juice	

MASSAGES

Signature Velaa Massage

60 / 90 min

Velaa Spa's signature massage helps to restore and balance the flow of energy within the body, mind and spirit. Discover a bespoke healing experience utilising a variety of therapeutic massage techniques tailored to your specific needs.

Detox Massage

60 / 90 min

A stimulating experience that begins with dry body brushing to encourage blood and lymphatic circulation. Using a variety of massage techniques and Velaa Spa's Detox Oil, this treatment eliminates toxins from the body and aids with reducing fluid retention.

Mother To Be Massage

60 min

A relaxing massage for expecting mothers. This treatment aims to reduce swelling and relieve the stress of pregnancy by alleviating fatigue, lower back pain, shoulder strain and muscle cramps. Suitable for second and third trimester of pregnancy.

Myofascial Technique Massage

60/90min

Myofascial release is an alternative medicine therapy that treats skeletal muscle immobility and pain by relaxing contracted muscles. This massage targets isolated areas that may require special attention and is effective in improving circulation and stimulating the stretch reflex.



ASIAN INSPIRED MASSAGES

Balinese Relaxing Massage

60 / 90 min

This gentle and nurturing treatment has an extraordinarily restorative effect. A combination of long rhythmic strokes, acupressure and energy awareness paired with Velaa Spa's Relax Oil releases tension and soothes the mind.

Oriental Fusion Massage

60 / 90 min

A traditional Asian deep tissue massage utilising Velaa Spa's Rejuvenating Oil. This technique uses a fusion of pressure point targeting and stretching to relax muscle tension and improve circulation.

Traditional Thai Massage

60 / 90 min

An invigorating dry massage combining palm pressure and rocking, with deep stretches to reduce tension and improve flexibility.

Foot Acupressure

60 min

This holistic Chinese therapy uses pressure-point massage on the feet to balance the flow of energy throughout the entire body.



BODY CARE SCRUBS & WRAPS

Restore your body with these luxurious rituals
incorporating natural and organic scrubs and wraps.

Anti-aging Body Ritual with Pearls of Grapes by Dr Burgener Switzerland

90 / 120 min

This anti-aging body treatment is a real elixir of youth using the pearls of grapes, powerful antioxidants to prevent premature ageing of the skin. It starts by peeling the skin with the Body Exfoliating Perfect Skin, then the Grape Body Wrap will bring you all the needed antioxidant actives that will fight free radicals and hence delay skin aging. A 30 min or 60 min massage with our Precious Body Oil enriched with the Relax Body Booster will bring total relaxation for your body and hydration for your skin.

Concerns: Dry & sensitive skin.

Results: Elimination of dead cells. Antioxidant. Anti-aging for the body. Remineralisation.

Key steps: Body Scrub with Body Exfoliating Perfect Skin. Grape Body Wrap. Massage with Precious Body Oil & Relax Body Booster.

Body Exfoliating Perfect Skin by Dr Burgener Switzerland

30 min

Suitable for all skin types, even the most sensitive ones, it removes impurities, perfect for stimulating blood circulation and firming the skin. The polyphenol contained in the grape combats free radicals.

Concerns: Dehydrated skin.

Results: Removes dead cells. Refines, tones & smooths the skin.

Key steps: Peeling with Body Exfoliating Perfect Skin & Nutrivital Body Milk application.

Detox Swiss Salts and Algae Ritual by Dr Burgener Switzerland

90 / 120 min

The treatment starts with a total body peeling using our therapeutic **Purifying Swiss Alps Salts** drawn from the Swiss Aletsch glacier, which is rich in therapeutical minerals, reducing water retention and improving blood circulation. The peeling is then followed by a detoxifying and purifying Fucus Algae Remineralizing Wrap. This subtle combination of fresh fucus and lithothamnium is ideal for an effective drainage and an abundant remineralisation and revitalisation of the body. A 30 min or 60 min massage with our Precious Body Oil enriched with the **Fit Body Booster** will relax tensions while eliminating toxins and restoring balance to the skin.

Concerns: Water retention. Feeling of tired & heavy body.

Results: Elimination of dead cells. Detoxifying. Elimination of water excess. Slimming. Remineralising.

Key steps: Peeling with Purifying Swiss Alps Salts. Algae body wrap. Massage with Precious Body Oil & Fit Body Booster.

BODY CARE SCRUBS & WRAPS

Anti-Cellular Treatment by Dr Burgener Switzerland

60 min

The Cryofit based on camphor, menthol and draining essential oils, helps to burn fats, improve blood and lymphatic circulation and eliminate toxins. The leg massage will drain the water retention, leaving a sensation of lightness.

Concerns: Slimming. Cellulite. Water retention.

Results: Detoxifying. Reduces orange peel effect. Eliminates water retention.

Key steps: Cryofit Body Wrap. Anti-Cellulite massage. Total Body Shape application.

Sun Rejuvenation Ritual

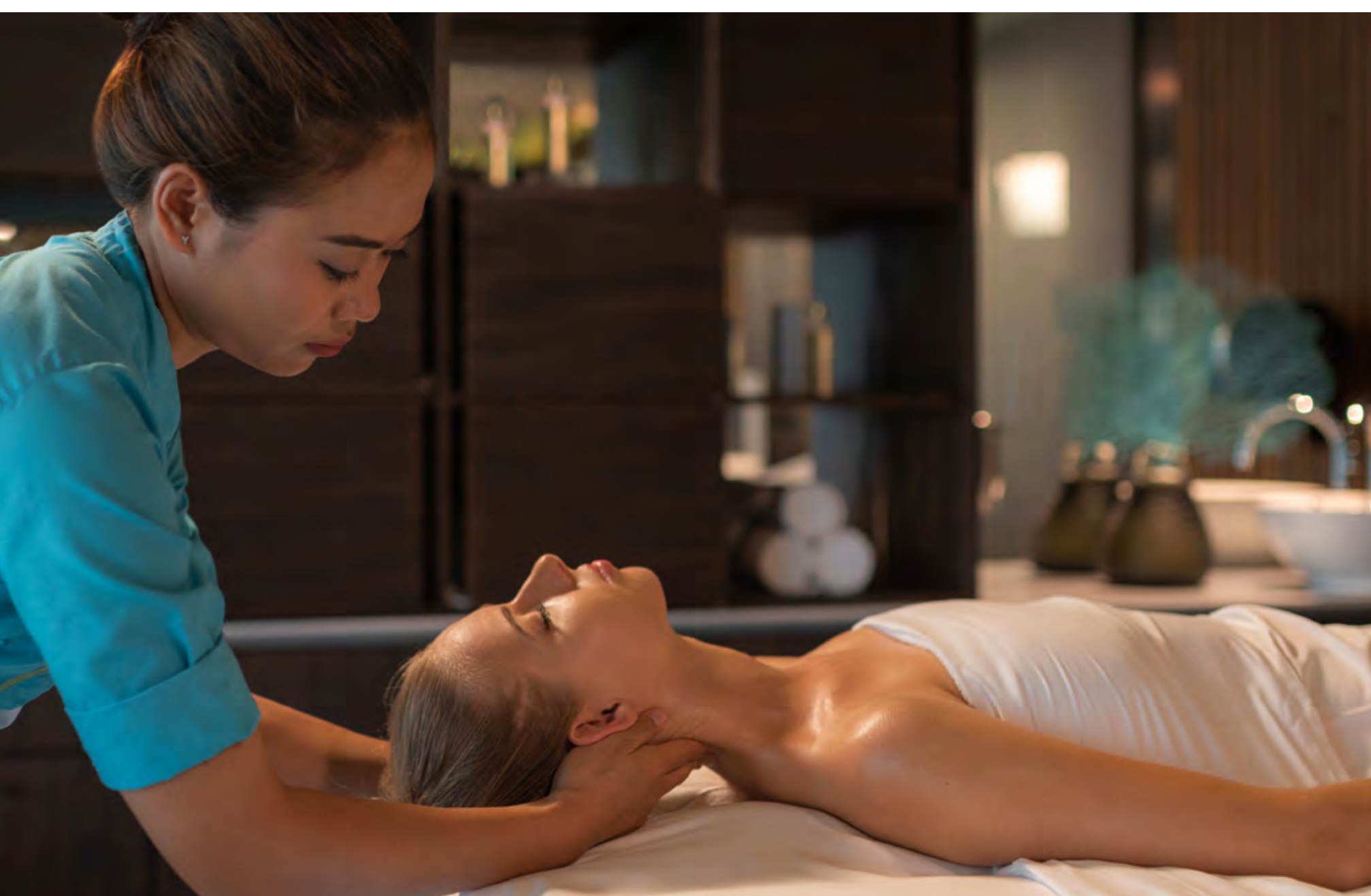
30 min

Soothe and revitalise your skin after sun exposure with our luxurious After-Sun Facial Rejuvenation. This specialised treatment focuses on calming, hydrating, and repairing sun-stressed skin, leaving your face feeling refreshed and rejuvenated.

Concerns: Sun burn. Dryness. Irritations.

Results: Soothe. Repair. Rejuvenate the skin.

Key steps: Skin cleansing. Collagen Mask with HA-Xpress Serum. Head Massage. Application of Collagen Face Cream.



FACIAL CARE

Velaa Spa is proud to partner with Dr Burgener Switzerland, a world leading expert in beauty and rejuvenation. Facial care treatments are inclusive of a complimentary skin analysis.

Repairing Gold and Green Caviar facial by Dr Burgener Switzerland

60 / 90 min

Using the latest technology in skin care, this treatment suits particularly skin in need of a regenerative boost. The ultrasound waves penetrate on a cellular level with an intense dose of the green caviar, the extracted pearls from Okinawa Island finely combined with the antioxidant power of the gold trace elements to repair and revamp the skin.

Concerns: Tired, mature & dehydrated skin.

Results: Firm, toned & smoother skin. Replenishes the volume. Increased levels of hydration.

Key steps: Skin cleansing. Cavitation Ultrasounds Peeling. Face Massage. Ultrasound. Instant Precious Gold Mask. Arm Massage. Application of Grand Cru Gold face serum and Green Caviar cream.

Lifting And Firming Collagen Facial by Dr Burgener Switzerland

60 / 90 min

Stimulating the skin from the inside out, the ultrasound waves will boost the natural collagen and elastin production. A firmer, smoother and more uniform complexion is then obtained through the repairing effect of the Collagen Mask, made by biotechnology, as well as the firming effect of the acacia collagen cream.

Concerns: Sensitive, irritated and damaged skin, Dehydrated skin.

Results: Intense Hydration booster. Smooths wrinkles. Boosts collagen synthesis.

Key steps: Skin cleansing. Cavitation Ultrasounds Peeling. Face Massage. Ultrasound. Collagen Mask. Arm Massage. Application of Collagen Intense face Serum and Cream.

Antioxidant Glowing Facial with Pearls of Vitamin C by Dr Burgener Switzerland

60 / 90 min

This facial uses pearls of pure Vitamin C, glycolic acid and fruit acids to reduce pigmentation and harmonise your skin tone, with a boost of radiance. The soft peeling it induces will help the first skin layers regenerate and fine wrinkles fade. The oxidative power of the products used will contribute to protect your skin from radicals.

Concerns: Uneven and dull skin tone, dark spots, pigmentation, acne scars, open pores, wrinkles, lack of firmness.

Results: Reduces pigmentation, smooths lines and wrinkles, reduces wrinkle depth, improves firmness, boosts radiance, rejuvenates skin, protects from free radicals.

Key steps: Skin cleansing. Cavitation Ultrasound Peeling. Peeling with Glycopeel Concentrate. Ultrasound. Vita C+ Face Mask. Application of Pearls of Vitamin C+. Application of Vita C+ Face Cream.

FACIAL CARE

Intense hydration Facial by Dr Burgener Switzerland

30 / 60 min

Get your skin sun-ready with our indulgent Sun Prep Glow Package, a holistic treatment designed to hydrate, protect, and enhance your skin's natural radiance before sun exposure. This treatment addresses facial needs, ensuring comprehensive care and protection.

Concerns: Prepare the skin for sun exposure, often by enhancing tanning, moisturising, and providing a protective base.

Results: Improved Skin Hydration, Enhanced Skin Protection, Reduced Risk of Sunburn.

Key steps: Skin cleansing. Black Pearl Face Peeling. Face Massage. Hydra filler Mask. Arm Massage. Application of HA-Xpress Face Serum and Hydra Balance face Cream.

Nourishing Facial by Dr Burgener Switzerland

60 min

From the Swiss Alps, our soothing and nourishing honey is extracted directly from the hive. This journey commences with a deep cleansing and exfoliation using the White Glacier face peeling. A rejuvenating massage, followed by an application of a nourishing rich serum and essential oils, will combat the signs of aging. An extra dose of vitamins and trace elements with our royal jelly contained in the **Royal Mask** will turn back the hands of time. Your skin feels nourished, hydrated and signs of aging are diminished.

Concerns: Lack of elasticity and tonicity. Appearance of wrinkles.

Results: Reduces the appearance of wrinkles. Nourishes intensively the skin. Improves skin firmness & elasticity.

Key steps: Skin cleansing. White Glacier Face Peeling. Face Massage. Royal Mask. Arm Massage. Application of Nutriderm Face Serum and Hydra Balance Cream.

Purity Balance Facial by Dr Burgener Switzerland

60 min

This treatment cleans deeply to decongest the skin and tighten pores. A gentle face exfoliation with our black pearl face peeling is used to remove impurities, and to close the pores and reduce the sebum secretion, leaving the skin looking and feeling fresh. The skin regains its natural balance thanks to our Purity Lotion, Alpine Purity Mask and HA-Xpress Serum.

Concerns: Imperfections and impurities. Excess of sebum.

Results: Reduces the appearance of imperfections. Balances sebum production. Purifies the skin.

Key steps: Skin cleansing. Black Pearl Face Peeling. Face Massage. Purity Mask. Arm Massage. Application of HA-Xpress Serum.

FACIAL CARE ENHANCEMENTS

Supercharge your facial care treatment by adding on one of these extra powerful enhancements. Enhancement durations will be added on to the facial care treatment time.

Add on Hydra Filler Mask by Dr Burgener Switzerland

30 min

The fine structure of the bio-cellulose mask, obtained by the natural fermentation of coconut water, provides a feeling of a second skin, and delicately deposits the active serum on the skin. The moisturising effect of hyaluronic acid and collagen offers the skin a rejuvenating moment. The skin thus regains a fresh complexion full of softness.

Concerns: Dryness needs hydration. Fine Lines. Tired skin.

Results: Hydrating. Smoothing. Jet Lag boost.

Key steps: Skin cleansing. Application of Hydra Filler Mask. Hand Massage. Soft massage with the Serum.

Add on Eyes Anti-puffiness and Dark Circles by Dr Burgener Switzerland

30 min

The fine bio-cellulose structure of the patches provides a feeling of a second skin on the eye contour. The Actiflow combined with Hamamelis extract reduce the tiredness of eye area. The look is relaxed in a pleasant sensation of freshness and comfort.

Concerns: Dark circles. Tired eyes. Puffiness and fine lines around the eyes. Jet lag.

Results: Decongesting. Soothing. Anti-puffiness and anti-dark circles.

Key steps: Cleansing. Application of Instant Eye Radiance Patch. Head Massage. Application of Instant Eye Radiance Cream.

Add On Gold Firming Mask

30 min

Derived from pure gold minerals, this luminous mask has both a stimulating and toning effect on the skin. This is the ideal complement for all facial care treatments to further encourage the production of collagen protein and elastin.

Concerns: Tired & dehydrated skin.

Results: Firm, toned & smoother skin. Increased levels of hydration.

Key steps: Skin cleansing. Instant Precious Gold Mask. Head Massage. Application of Grand Cru Gold face serum.

Add On Collagen Mask

30 min

Stimulating from the inside out, this powerful mask plumps the skin to produce a firmer, smoother and more uniform complexion.

Concerns: Dehydrated, Sensitive, irritated and damaged skin.

Results: Intense Hydration booster. Smooths wrinkles. Boosts collagen synthesis.

Key steps: Skin cleansing. Collagen Mask. Head Massage. Application of Collagen Intense face Serum and Cream.

FACIAL CARE PACKAGES

Maldivian Serenity Experience by Dr Burgener Switzerland

150 min

Experience pure tranquillity with our Maldivian Serenity Experience, where blissful relaxation meets personalised skincare. Begin your journey with a soothing massage designed to melt away tension and induce deep relaxation. Following this, indulge in a customised facial tailored to your skin's unique needs, meticulously crafted based on a thorough skin diagnosis.

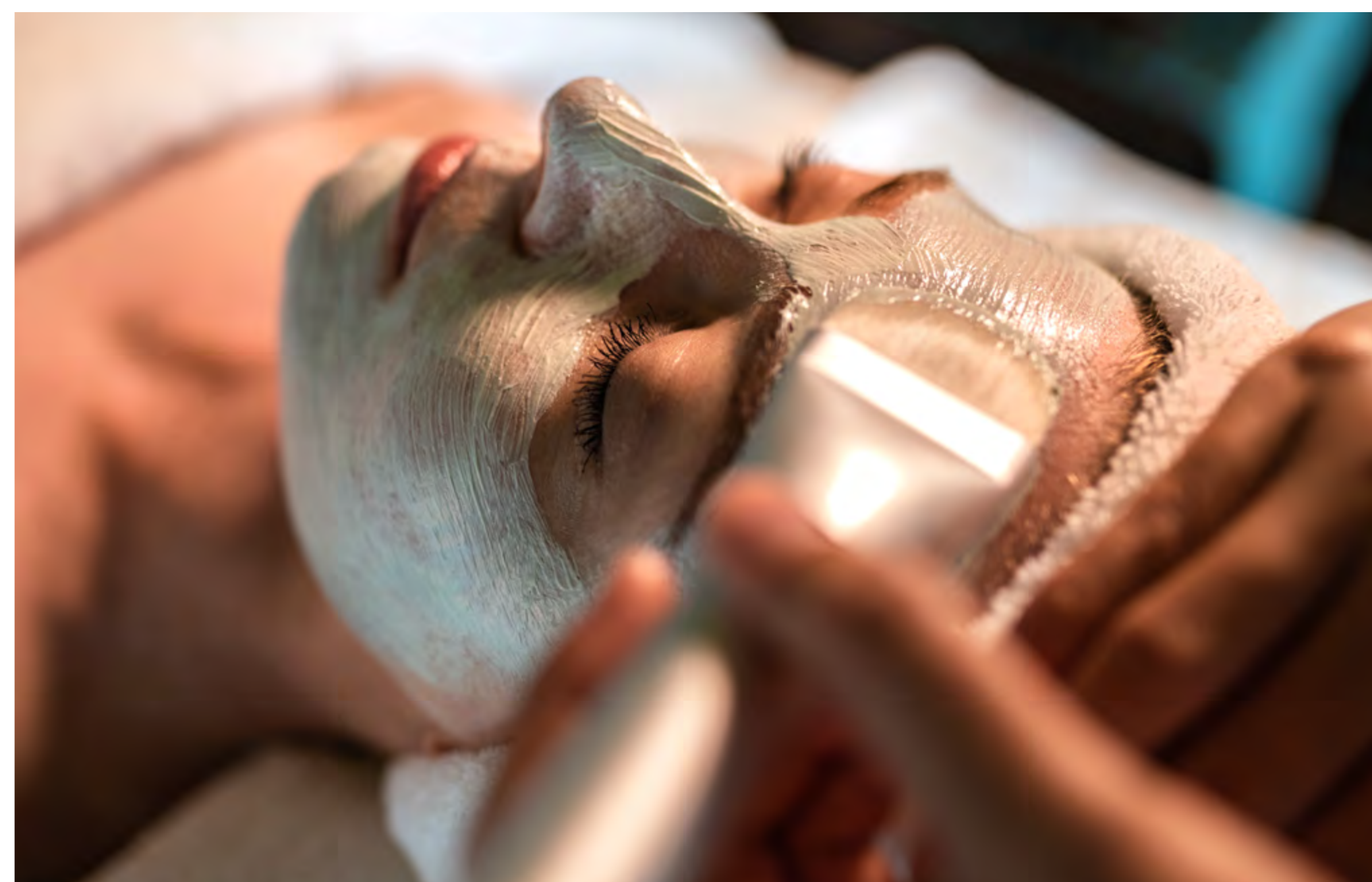
This harmonious combination of massage and facial ensures not only rejuvenation but also deep nourishment and enhancement of your skin's natural radiance. As a parting gift, you will receive our exclusive **Essential Travel Collection**, ensuring your rejuvenation continues well beyond your spa experience.

L'évasion Velaa Island by Dr Burgener Switzerland

180 min

Experience a unique bonding moment with our Harmony Duo Spa Retreat, crafted exclusively for mothers and daughters to unwind and revitalise together. Indulge in side-by-side relaxation with a soothing 90-minute body ritual that melts away tension and promotes deep relaxation. Choose from a selection of peeling, wrapping and essential body booster oils to enhance your personalised experience.

Following your massage, treat yourselves to a customised 90-minute facial tailored to address your specific skin needs. As a keepsake from your spa day, each of you will receive a small gift bag filled with skincare **Essential Travel Collection**, ensuring your relaxation continues long after you leave our spa.



SLIMMING CARE

Our bespoke slimming care treatments combine advanced body sculpting techniques, palpate roll movements and cryolipolysis to drain toxins, target cellulite and reduce inflammation.

Palper Rouler Massage

60 min

This massage begins with movements that palpate and roll, targeting cutaneous inflammation deep within the skin. Dr Burgener Switzerland's svelt oil is used to aid the process. It concludes with a light lymph massage to drain excess fluid and reduce water retention. This aids to relax connective tissue, enhance circulation and stimulate lipolysis, resulting in firmer skin and a more contoured figure.

Lipo Draining Cryofit Wrap

60 min

This cold and refreshing treatment is renowned for improving blood and lymphatic circulation. It relaxes the veins, treats the orange skin effect and is a successful cure for heavy legs. The cooling effect of menthol and camphor ingredients are refreshing and aid with stimulating blood flow.

G5 Contouring

90 min

This non-invasive treatments assists with breaking down cellulite and improving lymphatic flow. Observe instantaneous inch loss, improvement in skin elasticity and blood circulation.



SLIMMING CARE

5 DAY PROGRAMME

Transform the way you feel with Dr Burgener Switzerland's 5 day slimming programme. Eliminate toxins, drain excess fluids and reduce the appearance of cellulite.

Day 1: Swiss Salt Crystal Detox Body Ritual + Palper Rouler Massage

Day 2: Palper Rouler Massage + Lipo Draining Cryofit Wrap

Day 3: Detox Massage

Day 4: Palper Rouler Massage + Lipo Draining Cryofit Wrap

Day 5: Detox Massage

PERSONALISED SLIMMING PROGRAMMES

Allow Velaa Spa to help you create a personalised 3, 5 or 7 day slimming programme. Please approach one of our team members for more details.

3D HIFU FACE

A non-invasive treatment that delivers ultrasound energy to skin and subcutaneous tissue to stimulate and renew the skin's collagen, consequently improving the texture of the skin which reduces sagging.

Full Face: Promotes collagen, tightens and firms the skin contours. **75 min**

Face/ Neck / Decolletes: Tightens, firms, lifts and contours the face, neck and decolletes while promoting collagen. **90 min**

HIFU BODY SCULPTING

HIFU body sculpting is a non-surgical treatment that harnesses the latest technology in ultrasound to target subcutaneous fat tissue. The high frequency waves create thermal energy to breakdown stubborn fat cells whilst simultaneously tightening skin around the treatment area.

Lower Leg: Breaks down fat cells around the lower legs and refines their shape. **45 min**

Upper Arm: Tightens drooping skin around the upper arms. **45 min**

Abdomen: Targets stubborn fat deposits and tightens skin around the abdominal area. **75 min**

Flanks: Shrinks the pockets of fat tissue that form unsightly "love handles". **75 min**

Thighs: Penetrates fat layers around the thighs to refine their shape. **75 min**

BODY CONTOUR

The Body Contour machine helps to break down and dissolve stubborn fat and works on cellulite helping to even out the texture. The cavitation treatment uses a combination of ultrasonic radio waves and frequency to help tighten and firm the skin. Therapists will recommend the most suitable treatment to achieve the best results.

Neck: Helps to firm the neck, decolletes and contour under the chin. **30 min**

Upper Arm: Firms and lifts sagging skin. **60 min**

Stomach: Firms and contours the abdominal area. **75 min**

Hips: Breaks down stubborn fat and contours. **60 min**

Buttocks: Breaks down fat, contours and smooths the texture of the skin. **60 min**

Back of Thighs: Firms, contours and dissolves fat cells. **75 min**

Front of Thighs: Tones and lifts the skin and contours. **60 min**

JUNIOR MENU

A selection of natural and organic treatments for our younger guests.

My Massage	30 min
A soft massage of the back, neck and shoulders with Velaa Spa's Virgin Coconut Oil.	
Facial	30 min
This treatment uses organic green tea to gently cleanse and moisturise. Includes a tender hand massage.	
Island Bliss Ritual	60 min
A soft and gentle massage of the hands, back, neck and shoulders with Velaa Spa's Virgin Coconut Oil, completed with a refreshing facial to gently cleanse and moisturise the skin.	
My Feet Treat	30 min
Buffs and polishes to leave you with very happy feet.	
Perfect Polish	30 min
Nails are gently buffed to a healthy shine and finished with a coat of polish.	



HAIR SALON

Children's Hair Cut

30 min

A gentle shampoo, cut and basic styling for our younger guests.

Men's Hair Cut

30 min

Relaxing shampoo, tailored haircut and basic styling.

Women's Hair Cut

60 min

A customised haircut and basic styling to fit your individual style.

Hair Colouring

Add colour to compliment your bespoke haircut. Our resident stylist can help recommend suitable colour options and an after-care routine personalised for you.

Hair Styling

60 min

Special occasion hair styling inclusive of pinning and sculpting. Wash and blow dry not included. Alternatively, opt for thermal styling inclusive of a relaxing shampoo and finger dry.

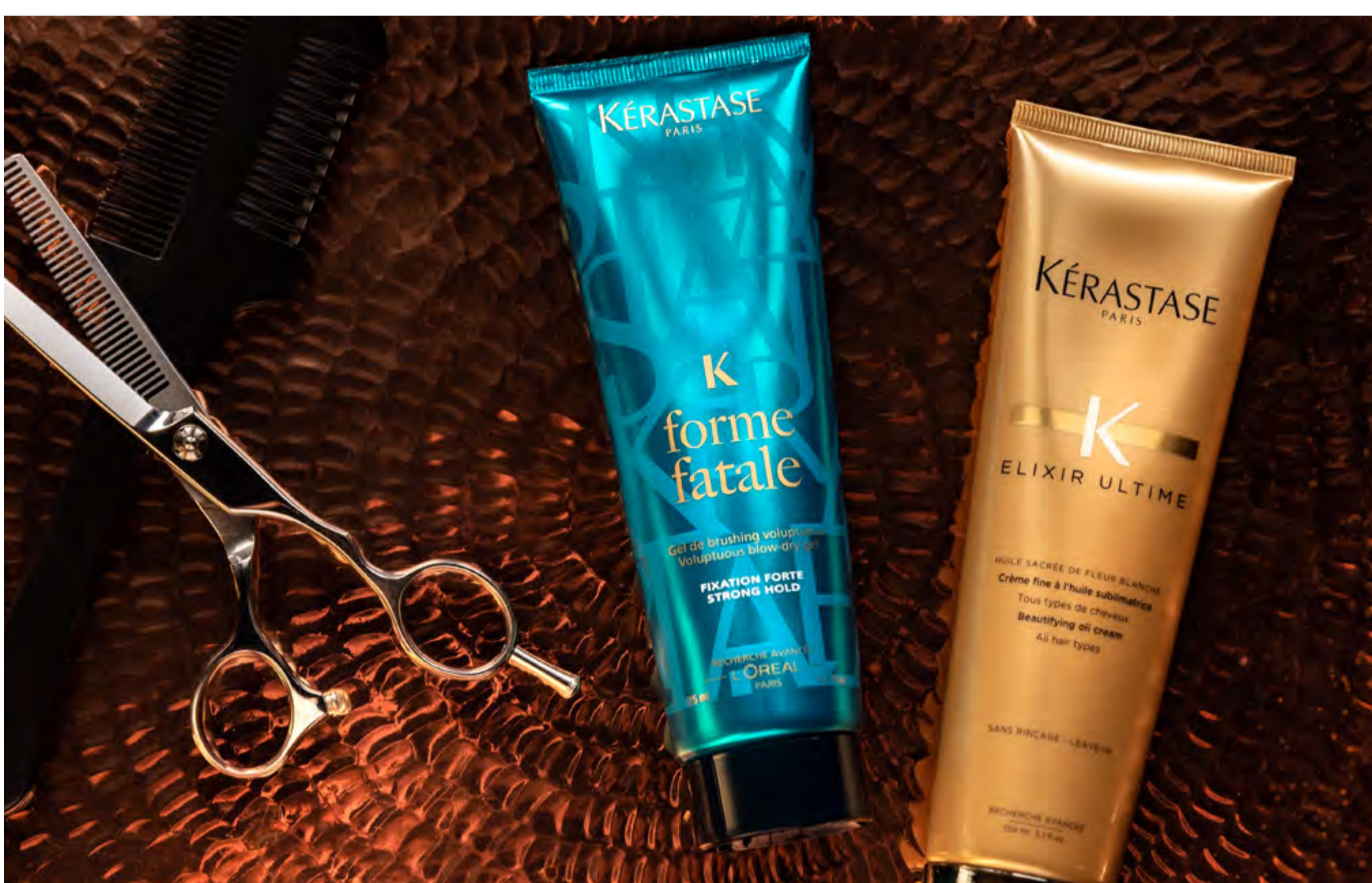
Add Ons

30 min

Kérastase Hair Treatments: Kérastase deep conditioning inclusive of a clarifying shampoo treatment followed by an intense heat activated moisturiser.

Kérastase Preventative Hair Fall Treatments: Anti-thinning care that helps maintain density, encouraging the growth of thicker, stronger hair.

Scalp Exfoliation: This treatment works to stimulate hair follicles, remove product build-up and re-balance pH levels. It detoxifies the scalp and promotes healthier hair growth.



NAILS AND BEAUTY

Manicure

60 min

A classic manicure to rejuvenate your hands and nails. Inclusive of a nourishing hand massage to promote supple skin and an application of normal nail polish.

Manicure with Gel Polish

60 min

A classic manicure to rejuvenate your hands and nails. Inclusive of a nourishing hand massage to promote supple skin and an application of gel polish.

Gel Polish

45 min

An application of gel polish and hydrating hand cream to finish.

Pedicure

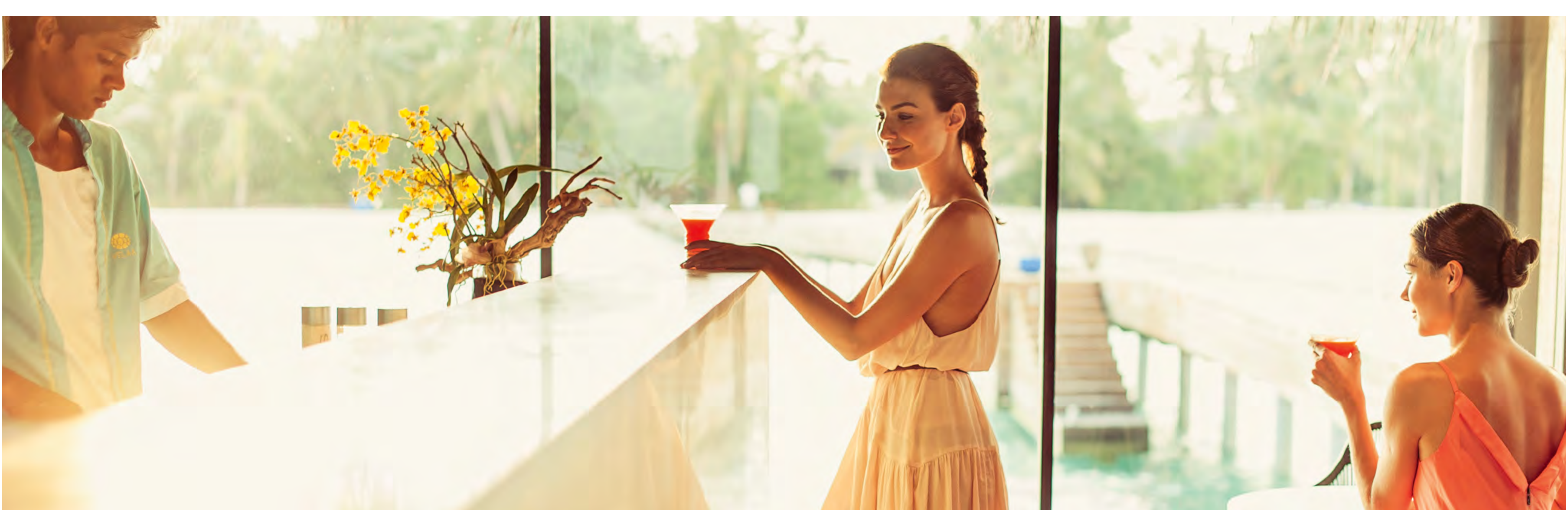
60 min

Revitalise feet, nails and cuticles with this invigorating treatment inclusive of a nourishing foot scrub to promote soft and supple skin.

Pedicure with Gel Nail Polish

60 min

Revitalise your feet, nails and cuticles with this invigorating treatment inclusive of a nourishing foot scrub and an application of gel polish.



PRICE LIST

VELAA HARMONY OF LIFE

Velaa Elixir Of Life	180 min	USD 850
Maldivian Royal Rose (For Couples)	150 min	USD 1,265

VELAA BALANCE OF LIFE

Relax Programme	3 days	USD 1,250
Rejuvenate Programme	3 days	USD 1,250
Detox Programme	3 days	USD 1,250
Relax Programme	5 days	USD 1,850
Rejuvenate Programme	5 days	USD 1,850
Detox Programme	5 days	USD 1,850

MASSAGES

Signature Bespoke Massage	60/90 min	USD 240/340
Detox Massage	60/90 min	USD 240/340
Mother To Be Massage	60 min	USD 240
Myofascial Technique Massage	60/90 min	USD 240/340

ASIAN INSPIRED MASSAGES

Balinese Relaxing Massage	60/90 min	USD 240/340
Oriental Fusion Massage	60/90 min	USD 240/340
Traditional Thai Massage	60/90 min	USD 240/340
Foot Acupressure	60 min	USD 240

BODY CARE - SCRUBS & WRAPS

Anti-aging Body Ritual with Pearls of Grapes by Dr Burgener Switzerland	90/120 min	USD 470/590
Body Exfoliating Perfect Skin by Dr Burgener Switzerland	30 min	USD 220
Detox Swiss Salts and Algae Ritual by Dr Burgener Switzerland	90/120 min	USD 470/590
Anti-Cellular Treatment (Cryo Fit) by Dr Burgener Switzerland	60 min	USD 295
Sun Rejuvenation Ritual	30 min	USD 280

All prices are subject to 10% service charge and 16% government tax

PRICE LIST

FACIAL CARE

Repairing Gold and Green Caviar facial by Dr Burgener Switzerland	60/90 min	USD 440/560
Lifting And Firming Collagen Facial by Dr Burgener Switzerland	60/90 min	USD 400/510
Antioxidant Glowing Facial with Pearls of Vitamin C by Dr Burgener Switzerland	60/90 min	USD 440/560
Intense hydration Facial by Dr Burgener Switzerland	30/60 min	USD 280/400
Nourishing Facial by Dr Burgener Switzerland	60 min	USD 400
Purity Balance Facial by Dr Burgener Switzerland	60 min	USD 400

FACIAL CARE ENHANCEMENTS

Add on Hydra Filler Mask by Dr Burgener Switzerland	30 min	USD 210
Add on Eyes Anti-puffiness and Dark Circles by Dr Burgener Switzerland	30 min	USD 160
Add On Gold Firming Mask	30 min	USD 160
Add On Collagen Mask	30 min	USD 140

PACKAGES

Maldivian Serenity Experience by Dr. Burgener	150 min	USD 895
L'evasion Velaa Island by Dr. Burgener	180 min	USD 995

SLIMMING CARE

Palper Rouler Massage	60 min	USD 265
Lipo Draining Cryofit Wrap	60 min	USD 295
G5 Contouring	90 min	USD 340
Slimming Care - 5 Day Programme	5 days	USD 1,895

3D HIFU FACE

Full Face	75 min	USD 595
Face / Neck / Decolletes	90 min	USD 695

HIFU BODY SCULPTING

Lower Leg	45 min	USD 350
Upper Arm	45 min	USD 350
Abdomen	75 min	USD 695
Flanks	75 min	USD 695
Thighs	75 min	USD 695

PRICE LIST

BODY CONTOURING

Neck	30 min	USD 250
Upper Arms	60 min	USD 495
Stomach	75 min	USD 595
Hips	60 min	USD 495
Buttocks	60 min	USD 495
Back of Thighs	75 min	USD 595
Front of Thighs	60 min	USD 495

JUNIOR MENU

My Massage	30 min	USD 130
Facial	30 min	USD 130
Island Bliss Ritual	60 min	USD 230
My Feet Treat	30 min	USD 130
Perfect Polish	30 min	USD 130

HAIR SALON

Children’s Hair Cut	30 min	USD 50
Men’s Hair Cut	30 min	USD 95
Women’s Hair Cut	60 min	USD 150
Hair Colouring – Short		USD 140
– Medium		USD 180
– Long		USD 250
Hair Styling	60 min	USD 175

HAIR SALON ADD ONS

Kérastase Hair Treatment	30 min	USD 75
Kérastase Preventative Hair Fall Treatment	30 min	USD 75
Scalp Exfoliation	30 min	USD 75

NAILS AND BEAUTY

Manicure	60 min	USD 110
Manicure with Gel Polish	60 min	USD 160
Gel Polish	45 min	USD 85
Pedicure	60 min	USD 130
Pedicure with Gel Nail Polish	60 min	USD 160

All prices are subject to 10% service charge and 16% government tax

SPA ETIQUETTE

Opening Hours

Velaa Spa is open daily from 11 AM - 8 PM.

Spa Reservations

To make a reservation or for further information, please inquire with your personal butler or Velaa Spa.

Cancellation of a Reservation

A booking cancellation fee of 100% will be charged on all services cancelled within 4 hours or less of the appointment time.

When to Arrive

We invite you to arrive at Velaa Spa 30 minutes before your scheduled reservation. This will allow time to familiarise yourself with the facilities, complete your consultation and relax in our spa lounge prior to your treatment.

Late Arrival

As a courtesy to all our guests, Velaa Spa adheres to a prompt appointment schedule. While we will do everything to accommodate late arrivals, a booking may not be honoured if it will affect subsequent guests. In this case a cancellation fee will apply.

Spa Facility Experiences

To enhance treatment benefits and stimulate lymphatic circulation, we invite all guests to use our spa facilities including the jacuzzi, steam, sauna and snow rooms before and after their appointments.

What To Wear

Velaa Spa is a mixed area and we request appropriate bathing attire at all times. Towels, robes and slippers will be provided to ensure that your visit is comfortable and enjoyable.

Health Concerns

Guests arriving for the first time will be invited to complete a health questionnaire so we can ensure the best possible spa experience and assure maximum safety and comfort. We must advise that nuts are served at Velaa Spa. Please inform us of any allergies you have when making an appointment.

Mother To Be

Our first priority is your comfort and safety. For this reason, we recommend avoiding full body massages and heat treatments if you are within your first trimester. Our Spa team will be available to advise you.

Young Guests

Velaa Spa is a sanctuary for adults. Guests under the age of 12 years must be accompanied by a guardian at all times and will have restricted access to the shared facilities. Guests aged 12 to 16 years are welcome to use the shared facilities, however they must be accompanied by a guardian at all times.

In-Villa Spa

A selection of treatments can be experienced in the comfort of your villa with an applicable surcharge. Please contact your personal butler or Velaa Spa for more information.

Payment

All treatments will be charged to your villa to be settled at check-out.

Special Considerations

We recommend that all male guests shave prior to a facial. Avoid shaving or waxing one day prior to a body scrub treatment. Please shower off any oils or sun creams prior to allow better absorption of products. We suggest removing your hearing aids, spectacles and contact lenses prior to treatment. Avoid bringing valuables to the spa, store them safely in your villa. Rest and avoid direct sun or vigorous activity at least one hour after a spa treatment. Drink water before and after each treatment. To ensure your safety and comfort please wear appropriate footwear in the gym.

Your Comfort

Please let our team know if there is anything we can do to further improve your experience. To maintain an environment of peace and privacy, Velaa Spa is a mobile phone and smoke free area.

Disclaimer

Guests are kindly requested to ensure that they take care of all personal belongings. Velaa Spa does not accept responsibility for any loss or damage to property suffered as a result of any cause whatsoever.

All prices are quoted in USD and are subject to 10% service charge and 16% government tax. Please note that all services and prices are subject to change without prior notification.